



# Annual Review 2012



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## Welcome

Welcome to Mildmay's Annual Review 2012. As we look back on what has been a tough year for many charities, we can also be enormously proud of Mildmay's achievements during challenging times.

We look forward to marking 25 years of dedicated HIV care in the UK in 2013, with our history of nursing care stretching back further still. Today Mildmay continues to be at the forefront of pioneering HIV care and services. In the UK we are currently Europe's only centre dedicated to rehabilitation for people with HIV Associated Neurocognitive Disorder (HAND).

One of the highlights of 2012 was the laying of the foundation stone for our new UK hospital, due for completion at the end of 2013.

We have met the challenge of change against a backdrop of greatly reduced funding, made significant cut-backs and allocated limited reserves to keep all our programmes running throughout 2012. Our gratitude goes out to our trustees, friends, volunteers and supporters and to our dedicated and superb team of staff.

We hope you will join us and help to support our work as we continue to build for the future and respond to the growing need for our specialised care. Together, we can build a brighter future for people living with HIV.

Dr Ross White (left), *Chief Executive* and John Richardson (right), *Chairman* (March 2013)



### **It is my great pleasure to welcome you to this year's Annual Review.**

On World AIDS Day 2012 I was proud to be invited as Mildmay's President, to speak at the Commonwealth Secretariat about Mildmay's UK and International work. I spoke of my visit to Mildmay Uganda in 2012, where I was reminded of the wide diversity of work within the field of HIV across Mildmay's African programmes.

As always Mildmay has been responding to face many changes. All our programmes are delivering more outcomes for more people living with HIV, but on less money with the need greater than ever. There is a focus on broadening of care by bringing it to those in need instead of them having to walk many miles to access that care. There is greater alignment and integration with government health programmes and, thankfully, still a focus on the marginalised and hard to reach – orphans, child headed households, fishermen prisoners, and sex workers.

Looking forward, some of our international work will be scaled back as funding comes to an end. In many respects this marks the successful conclusion of programmes, as Mildmay will hand over a legacy of work either to the government or to local organisations.

An enormous challenge is before us as the number of people living with HIV in the UK rises to almost 100,000 – a quarter of that number being unaware of their condition. Mildmay's new London hospital rises to help meet that challenge and will become the first Mission Hospital to be built in the UK in over 100 years.

I was honoured to lay the foundation stone, but there are many more which need to be placed on top, and equipment which needs to be purchased to go inside.

Please can I ask you to help us and support our vital work. The tasks ahead for Mildmay in the UK and Internationally are substantial – but we can succeed by working together and walking hand in hand through God's grace.

Margaret Sentamu, *President of Mildmay*

***“I was honoured to lay the foundation stone, but there are many more which need to be placed on top, and equipment which needs to be purchased to go inside.”***







## About Mildmay

Mildmay is a pioneering HIV charity delivering quality care and treatment, prevention work, rehabilitation, training, education and health strengthening in the UK and sub Saharan Africa. We are a Christian organisation, open to people of all faiths and none.

### Our History

Mildmay was originally founded in 1866 to tackle the Cholera epidemic in London's East End. In 1988, Mildmay responded quickly to the escalating HIV/AIDS crisis, opening Europe's first dedicated AIDS hospice in London. Princess Diana made several visits and famously shook hands with a patient at the height of the frenzy of fear around the illness, helping to break down some of the stigma which unfortunately still surrounds the condition today.

**Twenty five years on**, Mildmay is still at the forefront of specialist HIV service delivery and care. Our UK hospital is Europe's only centre dedicated to rehabilitation for people with HIV Associated Neurocognitive Disorder (HAND).

**In sub Saharan Africa** Mildmay currently supports over 70 thousand people living with HIV. Our work encompasses training and education as well as comprehensive health and HIV care. We work with some of the most vulnerable adults and children, enabling them to grow and realise their potential.

As our understanding of HIV has evolved, and as medication and survival rates have improved, Mildmay continues to adapt and respond to meet new, often complex, and rapidly changing needs.

Our chaplains are part of our interdisciplinary team, ensuring spiritual, pastoral and religious care is available to all those who want it.

**Our Vision is of a world in which everyone with HIV and AIDS can have life in all its fullness.**



Mildmay medical team 1866



## HIV Facts

- ⊙ **HIV** – is a virus that attacks the body's immune system. Without treatment the immune system becomes too weak to fight illnesses.
- ⊙ **HIV and AIDS** are not the same. HIV is the name of a virus, where as AIDS is the name given to a collection of illnesses caused by HIV.
- ⊙ There is no cure for HIV – major advances in treatment mean many people living with HIV can lead long and healthy lives, although some may experience side effects from the treatment.
- ⊙ **Stigma** – A recent NAT survey reported 69% of people still feel that there is a great deal of stigma in the UK around HIV. One in three people living with HIV have experienced discrimination. Since 2005 it is illegal to discriminate against anyone with HIV in most settings including education, employment and healthcare.
- ⊙ In the UK with the right treatment 99% of women living with HIV give birth to healthy babies without passing on HIV.
- ⊙ **HIV Associated Neurocognitive Disorder (HAND)** can occur when HIV enters the brain and impacts on the health of nerve cells causing nerve damage and brain-related problems. It can also be caused by opportunistic infections due to a weakened immune system. Risk of HAND is higher when the immune system becomes too depleted to fight the virus or other infections. People with late HIV diagnosis are at a higher risk of developing HAND. HAND is similar to dementia, but with the right treatment and medication



patients can be rehabilitated and in many cases their lives restored to full independence.

## Statistics

- ⊙ An estimated 34 million people worldwide are living with HIV. Young people (15-24) account for 40% of all new adult infections. (2010)
- ⊙ An estimated 96,000 people were living with HIV in the UK. Around a quarter of this number are unaware of their condition. (2011)
- ⊙ Sub Saharan Africa remains the region most heavily affected by HIV with 23.5 million adults and children living with HIV. (2011)
- ⊙ 6,280 people were newly diagnosed with HIV in the UK. Rates of new HIV diagnosis and prevalence continue to be significantly higher in London than elsewhere in the UK. (2011)
- ⊙ New diagnosis among older adults (50 and over) more than doubled between 2002 and 2011. This rise is due to increased survival rates as well as continued transmission within this group.

*Statistics and information taken from: National AIDS Trust [www.nat.org.uk](http://www.nat.org.uk) and The Health Protection Agency: [www.hpa.org.uk](http://www.hpa.org.uk)*

## Mildmay UK



In the UK an estimated 96,000 people are living with HIV, around one quarter being unaware of their infection.

(Health Protection Agency 2011 [www.hpa.org.uk](http://www.hpa.org.uk))

**Mildmay UK** is a charitable HIV hospital located in Shoreditch, London. We are currently Europe's only centre dedicated to rehabilitation for people with HIV Associated Neurocognitive Disorder (HAND).



### Transforming the lives of people living with HIV

Mildmay treats some of the most complex and challenging conditions associated with HIV in the country, including **HAND**. Many of our patients come to our hospital unable to walk, speak or feed themselves and are in need of 24 hour care. Our highly skilled medical and nursing care, treatment and rehabilitation is based on individual need, combining a range of therapies to provide a holistic model of support. Therapies include counselling, occupational therapy, physiotherapy, speech and language therapies, music and art therapy, and mental health services.

### Restoring Independence

Through the treatment and rehabilitation at Mildmay, more than 50% of our clients can return home to independence and the lives of many others are vastly improved.

### A New Hospital for Mildmay UK

To address the growing need for specialist HIV services in the UK, a new Mildmay hospital is being constructed on the site of our old Victorian building, due for completion in winter 2013.

Mildmay's new hospital will be designed to meet the specific needs of our patients. The inpatient unit will increase from 16 beds to 26 and there will be increased space for Day Care. Our future plans include employing an outreach worker and developing our education work. We are also exploring widening our role, with the potential development of HIV-testing services as well as the possibility of offering longer term continuing care.

### Specialised training

We provide training to UK health professionals on HIV, HAND and other complex conditions related to HIV. Doctors and nurses based at major London hospitals including St Thomas' and Barts, spend time at Mildmay to learn about these issues.

*"Mildmay has been a centre of expertise for HIV since the 1980s and is the only hospital unit in the country providing care for long-term HIV patients who develop serious physical and mental health issues"*

Shadow Minister for Public Health, Diane Abbott MP.

### Sharing our knowledge

Our new UK hospital will provide dedicated facilities for education and training, building on our reputation as a centre of excellence in care and rehabilitation. A strong sense of mission to educate and share knowledge continues to underpin the expert work of our clinical staff and rehabilitation teams.

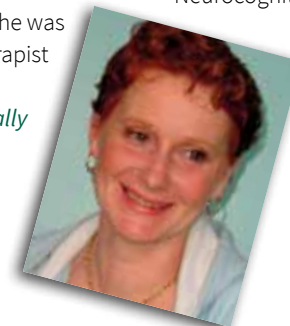
### Day Service – Help for HAND

Mildmay UK offers Day Service to people experiencing cognitive disabilities but who are not so unwell that they need to be inpatients. Our Day Service support is a critical part of Mildmay UK's rehabilitation programme.

The Day Service programme runs five days per week. Clients benefit from sessions with a social worker, physiotherapist, dietician etc. Group sessions include gardening, art and music therapy. Service users are helped to re-learn skills that they may have lost, such as catching a bus or going shopping, through outings with volunteers.

**CARRIE** **Carrie** was diagnosed with HIV after collapsing at home. She had severe brain swelling causing serious cognitive impairment. Carrie remained at Mildmay as an Inpatient for five months. After three months Carrie was able to join the Garden Workshop. She was unsure at first, unable to remember from week to week what she was doing or why she was there. Working with our physiotherapist Carrie began to improve.

*"Before becoming unwell I was really active. My illness made me feel so isolated, afraid and depressed. Now I can be active again and my confidence is growing. It's good to feel a sense of normality again."*



**COLIN** **Colin** had a late HIV diagnosis and was admitted to Mildmay after a period in hospital. As well as weight loss and HIV related liver damage Colin was exhibiting the three typical indicators of HAND.

- 1: Behavioural impairment (bizarre, inappropriate behaviour)
- 2: Cognitive impairment (memory loss, confusion, distress)
- 3: Motor dysfunction (muscle weakness, unable to walk or balance)

15 weeks later, Colin left the unit by proudly walking out. He had learned coping strategies to maintain his independence, including managing and adhering to his HIV medication, a nutrition plan, ongoing physiotherapy and a greater understanding of his condition.

**Our expert UK team** is led by Medical Director Dr Simon Rackstraw – a world renowned HIV consultant. As well as speaking at UK and International conferences about HIV and in particular HAND, Dr Rackstraw is actively involved with the day-to-day care of patients as part of our unique interdisciplinary team. In 2012 Dr Rackstraw was invited as an international expert to the International Collaboration on HIV and Neurocognitive Issues.

Simon is also a member of the steering committee for CUHRRC's (Canada-UK HIV and Rehabilitation Research Collaborative.)



### Mildmay Uganda



There are an estimated 1.2 million people living with HIV in Uganda including 150,000 children. 1.2 million children have been orphaned by HIV/AIDS. ([www.avert.org/aids-uganda](http://www.avert.org/aids-uganda))

Mildmay Uganda opened as high quality modern health facility in 1998, providing comprehensive holistic care for people living with HIV/AIDS. We were the first organisation to focus on and provide free care to children living with HIV in sub-Saharan Africa. At present, Mildmay Uganda supports over 43,000 people living with HIV with around 17% of that number being children. Mildmay Uganda focuses on a family-centred holistic approach, implementing health programmes and HIV/AIDS services in 16 districts in Uganda's central region, whilst continuing to provide paediatric and adult care at the health centre. Mildmay

Uganda has been a local non government organisation (NGO) since April 2012 with its own board and Professor Samuel Luboga as Chair.

#### Highlights from a busy year

Our health care training programme trained 30 health workers from refugee settlements across Uganda. In September, 20 graduates gained their Diploma in Child Counselling.

Children living with HIV are much more prone to dental disease. The **International Dental Camp** at Mildmay Uganda offers important care which they would otherwise struggle to access. In January **Virginia Blazer**, the deputy chief of mission at the American Embassy, visited the Dental Camp run by volunteer American dentists.

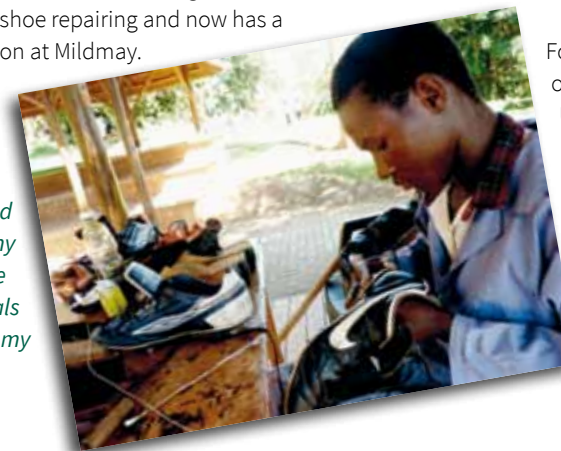
In November the Honourable **Rosemary Sseninde** (Member of Parliament for Wakiso district) gave a lecture on business and economic empowerment as a guest speaker at Mildmay Uganda.

Mildmay Uganda participated in the **Clinton HIV/Aids initiative** workshop on integrated national guidelines for Anti retroviral Treatment (ART) and Prevention of Mother to Child Transmission (PMTCT).

#### Mildmay Uganda – Saving and Transforming Lives

**PAUL** Paul is 19. After tragically losing both his parents to AIDS, he was left under the care of an aunt but was unable to continue his formal education. With the help of Mildmay Uganda, Paul enrolled in a vocational training school where he learnt shoe repairing and now has a shoe repair station at Mildmay.

*“This business has helped me become more self sufficient and has lessened the burden on my aunt. I now have dreams and goals to help me plan my future.”*



↑ Paul at his work station

**IAN** Ian first came to Mildmay severely malnourished and very sick. He was suffering from neglect, diarrhea, bronchopneumonia, malnutrition and TB. At three years of age he weighed just 7 kilos. After his first treatment on ART failed, Mildmay provided social and emotional support and counselling for his young mother, alongside life saving care for Ian.



Now aged 5 years old, Ian is currently well. He can walk, speak and is coping successfully with his second medication and treatment.

For more information or to view Mildmay Uganda's full Annual Review visit [www.mildmay.org/uganda](http://www.mildmay.org/uganda)



← The Minister of Health, the Honourable Christine Ondo, attending the National Event to mark World Breastfeeding Week, hosted by the nutritional department at Mildmay Uganda.

### Mildmay Kenya



1.6 million people are living with HIV in Kenya. (UNAIDS 2011)

### Mildmay Tanzania



At least 1.4 million people are living with HIV on the Tanzanian mainland (UNAIDS 2009)

#### Boresha Programme – Empowering people

Boresha takes its name from the Swahili word for ‘make better’ and is a programme run by Mildmay Kenya and Mildmay Tanzania.

Boresha focuses on strengthening home based care and support services for vulnerable groups living with HIV and AIDS. This includes children infected and affected by HIV and AIDS, the fishing community, HIV positive health workers and prisoners.

Many ordinary people have been trained to provide basic healthcare and social support for people living with HIV in their community, enabling those in the remotest regions to receive the care they need.



NANCY

Nancy lost her parents to HIV and now lives with her Aunt. Nancy lights up when she talks about the children’s club supporting Children infected or affected by HIV/AIDS.

*“We learn, play a lot and eat lunch. We are taught our rights as children and good manners. Through Mildmay Kenya we now have blankets, mosquito nets, school uniform and they helped us get our birth certificates.”*

A valid birth certificate is vital in Kenya because it gives children like Nancy legal recognition and access to the vital services and protections due to them throughout their lives, for example access to schooling.

#### Bringing Health Care behind Bars

The United Nations Office on Drugs and Crime stated (1) *“Efforts to control the HIV epidemic in Africa that ignore the prison population are probably doomed to failure.”* Mildmay’s Boresha program aims to improve healthcare,

information and education, encourage testing, and break down stigma, fear and discrimination within the prison population. Groups have been set up which encourage and support disclosure and work towards preventing transmission. Empowering prisoners enables them once trained, to take their skills back into their communities when they are released. Many continue on to become health care workers and valued members of their society.

(1. <http://www.unodc.org/documents/hiv-aids/Africa>)



*to meetings was irregular, but I never gave up. I asked the hospital management to relocate me to the Comprehensive Care Centre section where I now support those who are HIV- positive”.*

If health workers like Karen can be supported and empowered to cope with their own HIV diagnosis, they can go on to be advocates for themselves and other patients.

#### Training and Degrees

Mildmay Kenya and Mildmay Tanzania run training and educational programmes that result in many health professionals graduating with degrees from Manchester University in HIV Health Care and Management. Health providers trained by Mildmay reach out to thousands of people living with HIV providing education, care and prevention.

Mildmay Kenya saw 40 health professionals graduate with degrees, trained 120 Ministry of Health Workers in Paediatric HIV and AIDS care and treatment and promoted children’s club activities to relevant Ministries.

Mildmay Tanzania saw 22 health workers graduate with degrees and three senior health workers awarded Science Degrees.

#### Input in National Health Care Review

Mildmay Kenya was part of the curriculum review team gearing up for impending changes in the National Health Sector structure for 2013.

THOMAS

Thomas is a member of the support group at Homabay Prison and has been living with HIV for 10 years. Learning about the importance of adherence and healthcare has changed his life. *“I have received training in Cell and Home Based care, financial management and public speaking skills. These have impacted greatly in my life... I have become a good ambassador, uniting prison staff and inmates who are infected or affected by HIV and AIDS”.*

#### Supporting Health Workers

Boresha supports health workers living with HIV enabling them to remain productive and role models of care.

KAREN

Karen is a nurse working at Kenyatta National Hospital. She discovered she had HIV after the birth of her baby. *“When I was found to be HIV-positive I felt the need for emotional support and started a support group. At first, members’ attendance*





## Mildmay Zimbabwe



In Zimbabwe around 1.2 million people are living with HIV, and approximately 1 million are children orphaned

because of HIV/AIDS  
*(www.unaids.org 2011)*

### Supporting vulnerable children

Mildmay Zimbabwe's three year programme aims to improve the quality of life for children living with HIV, including orphaned and vulnerable children affected by the epidemic, by building and strengthening community support and care. By the end of the programme 50,000 people will have been reached directly and indirectly through Mildmay's work.

*(PWC audit prediction 2012)*

Mildmay Zimbabwe supports health clubs in 40 schools in the poorest region, which provide information and education on HIV care. We also provide and distribute care packages to some of the very poorest children, ensuring there is enough food in the household so the children are able to take their medication and attend school.

**SOPHIA** 15 year old **Sophia** is one of the 3000 orphaned or vulnerable girls that Mildmay works with. Her parents died when she was ten leaving Sophia and her brothers to be cared for by their Grandmother.

*"When I started my period I used empty maize cobs, dried cow dung or newspaper. It was very embarrassing. I began missing school for five or six days each month and fell behind with my class work. Mildmay provided me with sanitary pads, and showed me how to use and discard them properly. This has made such a difference to my life. I feel more confident, I*

*don't worry about being laughed at or about getting an infection, and I am not missing school."*

### Influencing Policy

Mildmay Zimbabwe has worked to influence 16 national level policy makers, and 20 community leaders to understand the needs of vulnerable children affected by HIV/AIDS in their community.

### Training transforms Lives

We have also trained 100 Village Health Workers and 36 School Health Masters in Paediatric Home Based Care, and Monitoring in Medication and Adherence.



*Hats for village health workers, giving a shared sense of identity & making them immediately recognisable.*



*Nutrition garden started by the school health club children in Gwanda.*

## Mildmay Rwanda



Rwanda has an estimated 170,000 people living with HIV and approximately 130,000 children

orphaned by AIDS.  
*(hiv-stats.realclearworld.com/1/36/Rwanda)*

In 1994 Rwanda experienced the worst genocide in modern history which had a major impact on HIV rates. Rape was used arbitrarily by warring factions leading to prevalence of HIV rates among women being considerably higher than amongst men.

Rwanda has seen significant improvement in the prevention of mother to child HIV transmission in recent years, while there is now excellent access to antiretroviral drugs. However there are still many orphans and vulnerable children in need of support.

### Specialist Care for Children

Mildmay Rwanda runs the only specialist paediatric HIV unit in the country, within the state hospital in Kibagabaga. Our staff share their knowledge and expertise at other health centres through training, enabling further paediatric work to be set up. Staff also train community health workers and home-based care providers, teach classes in nutrition and run income generation activities. Weekly children's clubs are also held at Kibagabaga.

### A catalyst for change

Mildmay's programme in Rwanda is due to come to an end in 2013 but will leave a powerful legacy. Mildmay has been a catalyst for change over the last few years, working with the government on health policy, especially palliative care. 2011 saw the launch of the first ever national palliative care policy

in Rwanda, with Mildmay playing a major role in producing the country's roll out programme for palliative care services across all regions.

The new policy states that by 2020 all Rwandans living with an incurable illness will have access to high quality, affordable palliative care. Palliative care is largely unavailable in developing countries, so this was a major achievement for Mildmay's local team.

### Sharing knowledge and skills by training others to train

Mildmay Rwanda, in collaboration with the Ministry of Health has extended Mildmay's healthcare model using a 'cascade approach' i.e. passing on knowledge, skills and information by training health care workers to train others who in turn themselves become the trainers, and so knowledge and care is passed on.

Mildmay Rwanda has trained a total of 2,908 people in palliative care and provided care directly to 11,625 people (adults and children) living with HIV.

**JUDITH** **Judith** is 14 years old. At the age of five she went to live with her elderly grandparents after her mother died of AIDS.  
*"Through Mildmay we have had the support of a health worker who has helped educate my family, this has reduced the stigma which was making my life so difficult. I have learned to knit and can sell what I make. One day I plan to support other children affected by HIV/AIDS, especially those with no parents. I understand how it feels to long to be loved and cared for without discrimination."*



## Fundraising

The new UK fundraising team started at Mildmay in October 2012 and have been working on creating a new Fundraising and Communications plan for 2013 as well as some key events to mark Mildmay UK's 25th year. The team's main focus is to raise funds to equip the new UK hospital and meet final costs for the build.

### Marking a Milestone

In November, guests joined staff, volunteers, Trustees and Patrons for the Foundation Stone Ceremony for the new UK hospital. Canon Roger Royle, Anglican Priest and broadcaster, and Patron of Mildmay gave the blessing : *"I've always thought of Mildmay as a positive statement of Christian love and healing. It's wonderful that this work is continuing in such an exciting new way"*

**World AIDS Day (WAD)** was a great success and raised a grand total of £7,000. We could not have raised this without the great support of all our volunteers, including a brilliant team from Viiv Healthcare who joined us for their 'Charity Give Back Day'.



Staff from Viiv Healthcare with collecting buckets on WAD 2012

*As well raising funds, WAD is our opportunity to raise awareness of HIV, Mildmay's work, fight stigma and to remember those people we have lost to HIV/AIDS.*

We also had great support from bars and clubs around Soho in particular The Admiral Duncan and The Duke of Wellington who raised £697.00 and XXL Club who raised £2,558.55

### Fundraising at Christmas

Volunteers and members of Singspiration, St Albans and London Choirs joined us for Carol singing at Trafalgar square. This truly festive occasion was made complete when the watching crowd called for an encore. A night to remember that raised over £500 from collections.

### Church support

In 2012 the Director of Mildmay, Dr Ross White, made a historical visit to where our work began at St Jude's and St Paul's Church, Mildmay Park and talked about Mildmay's work today.

We aim to increase our Church talks and support. If you are part of a church or community group who would like Mildmay to visit and talk about our work, or would like a copy of our Prayer News, please do get in touch.

### Trusts and Foundations

During 2012, 46 trusts and foundations gave grants to Mildmay's work totalling £307,734. Many of these donations are for specific areas of work in the UK and Africa – capital or revenue funding. We are very grateful to the trustees of all these organisations for their invaluable support of our work.

Fundraising are looking forward to a busy and productive year in 2013. We hope you will want to join in supporting our work – transforming the lives of people living with HIV.

## Support us / Volunteering

**Fun ways to Fundraise for Mildmay** – whether it be a bake sale at work, a coffee morning, sponsored event or charity night, every penny raised will help us with our vital work. Get in touch and we'll send you a fundraising pack filled with lots of ideas to inspire you and help to get you started.

### Enjoying making a difference

*"I really wanted to fundraise for Mildmay to mark World AIDS Day. It's a local charity and I know they do some great work. I helped organise a charity bake off day at school. I was so proud when I won and all the money raised went to my chosen charity-Mildmay. They were so grateful and I realised that I could combine having a brilliant day with supporting this really important cause."*

Alice Reeves.

**Volunteering** is a fantastic way to gain new experiences, meet new people and support us. From helping at the hospital to shaking a bucket, supporting an event, or with admin and fundraising. Whether it's regular support or for an annual event like World AIDS Day, we'd love to hear from you. Your time is a precious and invaluable gift.

*"I have been volunteering at Mildmay since 2010 and I have found my time at Mildmay not only inspiring but has increased my interest in their field of work. Mildmay offers a warm and encouraging environment to work in that adds to my desire to be committed to this Charity and the work that they do. To know that Mildmay is making a proven difference in patients lives makes me want to be a part of this vital work."*

Sara Okumu

Get in touch to find out more about volunteering at Mildmay

### Legacies – Leave a lasting gift to Mildmay and transform a life

Leaving Mildmay a gift in your Will is a way to make a lasting contribution and support our work into the future.

**Regular Giving** allows us to plan ahead with confidence. Your regular gift will ensure we are here for those who need us, and can continue to provide and develop our unique services and care into the future.

### Corporate Support

Could your company play an important role in our work whilst meeting your corporate social responsibility needs? We can create a bespoke programme working with you and your team to meet your objectives. Your support will help us to transform the lives of people living with HIV in the UK and Africa.

### Contact:

Contact us to find out more or to receive regular updates about our work and news about upcoming events.

Contact Kerry Reeves Kneip Head of Fundraising and Communications.  
info@mildmay.org Tel: 0207 613 6311

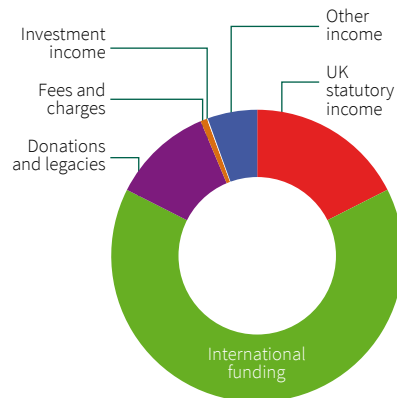
## Accounts

Financial governance has always been a key priority at Mildmay and with the funding challenges faced in 2012, we have implemented radical reorganisation across the charity. This has resulted in reductions being made in non programmatic expenditure, and the movement of some of our support activities closer to our programmes. We continue to strive to be efficient and forward looking. We achieve value for money across our programmes, promote best practice and share our knowledge and experiences. Due to this reorganisation our forecast is for a surplus for 2013 and beyond.

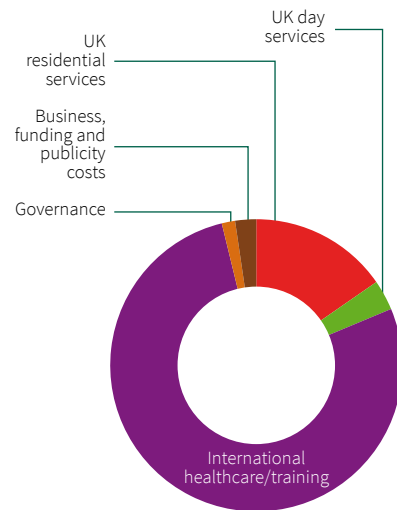
Income	2011	2012
UK statutory income	2356	1,828
International funding	5273	6,768
Donations and legacies	1107	1,168
Fees and charges	858	77
Investment income	9	10
Other income	164	574
<b>Total</b>	<b>9767</b>	<b>10,425</b>
<b>Expenditure</b>		
UK residential services	1911	1,611
UK day services	815	352
International healthcare/training	7424	8,134
Governance	194	155
Business, fundraising and publicity costs	321	244
<b>Total</b>	<b>10665</b>	<b>10,496</b>
<b>Deficit</b>	<b>898</b>	<b>71</b>

Shown in thousands GBP

### Income 2012



### Expenditure 2012



For our audited accounts 2011/2012 please visit the Charity Commission website - Charity Number 292058

## Board of Trustees

### Board of Trustees

**Chair:** The Very Revd John Richardson  
 Adrian Mezetti  
 David Race  
 Dr Rosalind Furlong  
 The Revd Prebendary Ronald Swan  
 Winnie Sseruma  
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 Eunice Kasirye

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**Treasurer:** Philip Winter

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 The Reverend Joel Edwards  
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 Martyn Lewis  
 Marguerite Littman  
 Baroness Masham  
 Lord McColl  
 Humphrey Norrington  
 Sir Cliff Richard  
 Lyn Rothman  
 Canon Roger Royle  
 Joan Rwabyomere

**Chief Executive:** Dr Ross White

## Our thanks

To our wealth of fantastic supporters who have helped and supported us with donations, collections and with a variety of ways to raise funds on our behalf.

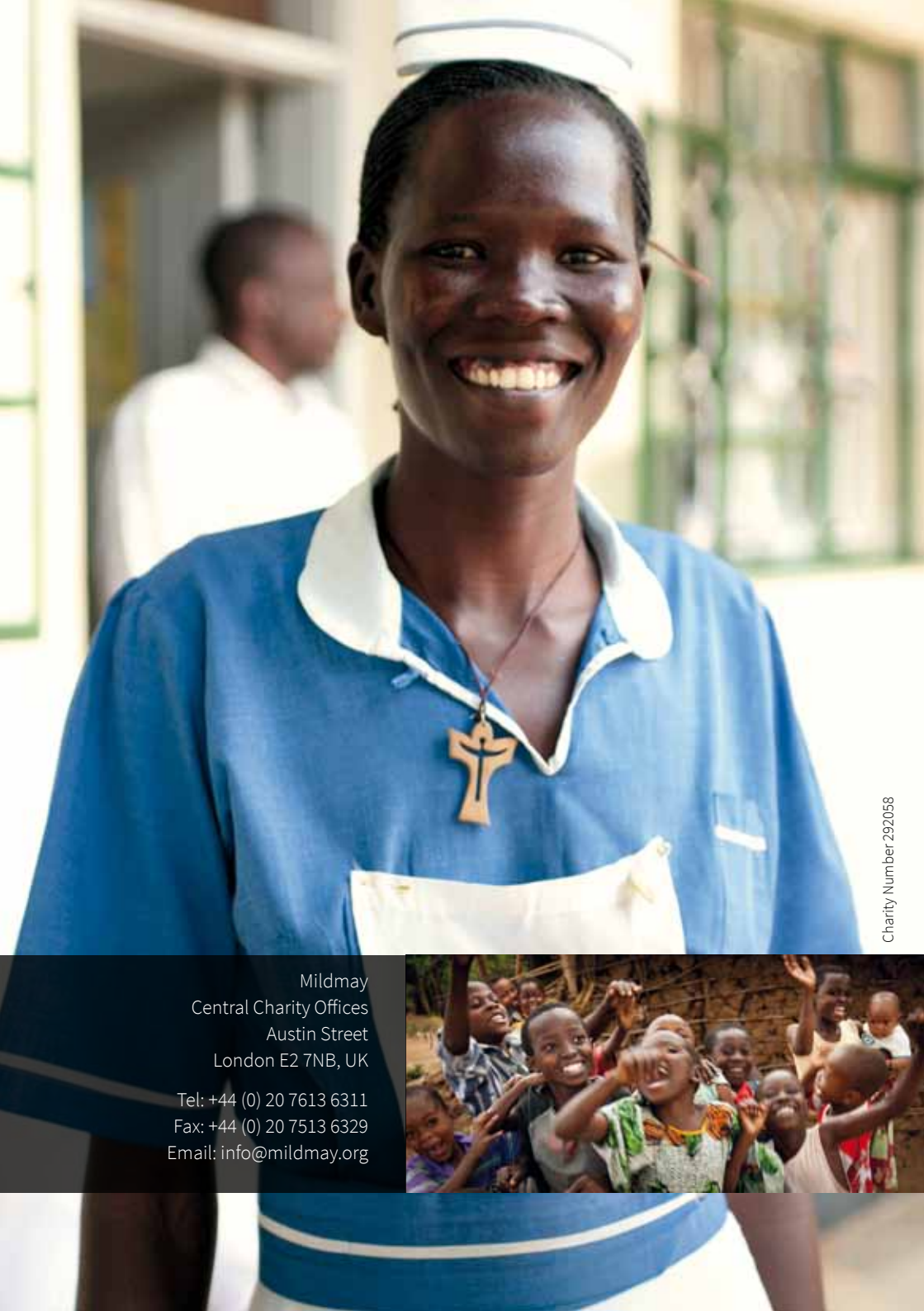
### Our thanks also go to the following trusts for their generous support in 2012:

Barnabas Trust  
 Criffel Charitable Trust

Davis-Rubens Charitable Trust  
 EE & DM Griffiths Trust  
 Emmaus Christian Fund  
 Ernest Hecht Charitable Foundation  
 Friends of Mildmay  
 GM Morrison Charitable Trust  
 Joseph Strong Frazer Trust  
 MAC Cosmetics (AIDS FUND)  
 Mickworth Charitable Trust  
 Mildmay Trust Ltd  
 Millfield Trust  
 Mobarak Ali Charitable Trust  
 Ofenheim Charitable Trust  
 Sir John Sumner's Trust  
 The Alexis Trust  
 The Ann Byrne Trust  
 The Ardbarron Trust Ltd;  
 The Cumberland Trust  
 The David Lister Charitable Trust  
 The Debar Fund  
 The Farthing Trust  
 The Forest Hill Charitable Trust  
 The Four Winds Trust  
 The Fulmer Charitable Trust; The Garfield Weston Foundation  
 The Gibbs Charitable Trusts  
 The Graham and Mary Stacy Trust  
 The Hospital Saturday Fund Charitable Trust  
 The Ione Vassiliou Charitable Trust  
 The Jeannine Vassiliou Charitable Trust  
 The Mackintosh Foundation  
 The Maurice and Hilda Laing Charitable Trust  
 The Nicka T Vassiliou Charitable Trust  
 The Norben Charity  
 The Pennycrest Trust  
 The Podde Trust  
 The Rowan Charitable Trust  
 The S Norton 1988 Trust  
 The SMB Charitable Trust  
 The Thornton Trust  
 The Torrs Charitable Trust  
 The Whitecourt Charitable Trust  
 Veta Bailey Charitable Trust  
 Wandsworth Oasis Trading Co Ltd  
 Wolfson Foundation.

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